

Inner Alignment

Aligning Mind, Body & Spirit

Visit to Malaysia: August/September 2014

Hello & greetings,

My name is **Tony Ratnam** and I currently run my own therapy practice, **Inner Alignment**, in Perth, Western Australia. My practice incorporates a range of Allied & Complimentary Therapies such as **Clinical Hypnotherapy, Neuro Linguistic Programming (NLP)** and **Energy Healing**.

In response to invitations for my services, I shall be visiting Malaysia between **20th August & 8th September 2014**. Locations of focus at this point, will be the Klang Valley, Seremban, Ipoh & Penang.

While I'm there, I will be conducting **Consultation/Therapy Sessions** with prospective clients as well as holding **Information Sessions** for those who seek to find out more about the services on offer. I am available to give talks to corporations & other organizations on how my services may be of benefit to the dynamics within. I am also keen to meet up with professional practitioners who may find my services as complimentary to theirs. My contact details are below.

A bit about me, I am a **Certified Clinical Hypnotherapist, Certified NLP Practitioner**, a trained **Energy Healer** and well as a **Certified Personal Trainer (Fitness)**. Essentially, with the synergy of these modalities, my offerings as such, are of a holistic nature and cater towards the overall wellness & life improvement of the individual - Mind, Body & Spirit.

Prior to this, for many years, I worked in the corporate world of Finance, Accounting and other functional areas, having my initial professional training in those fields as well as holding a Masters Degree in Business Administration.

The main focus during my visit though, will be on **Clinical Hypnotherapy** (and to an extent **Energy Healing**) as a form of therapeutical intervention. Having said that, my hypnotherapy sessions do incorporate a lot of NLP within it and further, where applicable and if the client is receptive, Energy Healing is applied for greater effectiveness.

Those of you interested to touch base with me during my visit or find out more, you may contact me on ;

- Email : info@inneralignment.com.au
- Mobile (Australia) : +61 421 6858 66
- Skype : tony.ratnam

or through my associates in Malaysia, who'll register your interest and keep you updated on timing & events;

- Sharmila Taluar : +6 017 300 3406

Hypnotherapy is a natural, safe and expedient way for change and modification. It induces a state of the mind in which the body experiences a state of deep physical relaxation while the mind remains clear, alert and focused. In this altered state of awareness, the subconscious mind becomes open and suggestible. Our process allows access to the subconscious part of the mind to unlock unwanted programming. Here a host of underlying factors can be addressed across a wide range of personal issues and states including that from our past, and effectively implanting a new program to create our desired outcomes and future.

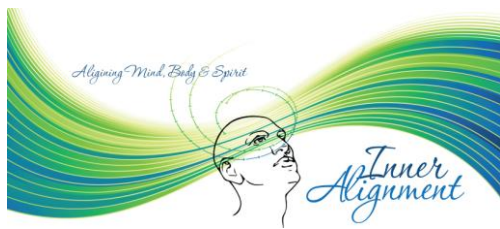
Inner Alignment : Hypnotherapy - Energy Healing - Personal Fitness

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www.inneralignment.com.au • <https://www.facebook.com/inneralignmenthypnotherapy>



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The range of applications in this respect is wide, but these are some of the more common ones ;

- Quit Smoking
- Weight Loss Management
- Pain Management
- Emotional States
 - *Anxiety & Stress reduction*
 - *Self Worth, Self Belief issues*
 - *Increase Motivation & Self Confidence*
 - *Depression*
- Curb binge eating, drinking & fixation on certain foods
- Sleep Management & Insomnia
- Get rid of Phobias (fear of Flying, Heights, Dogs, Insects, etc)
- General Behaviour Modification
- Break unwanted habits
- Nail Biting
- Bed Wetting
- Sports Performance
- Phantom Pains
- Past Life Regression

As for **Energy Healing**, I am a practitioner of a few Energy Healing modalities, one of which is **Pranic Healing**. I do take note that this may not necessarily be everyone's cup of tea and that is understandable. These modalities in that respect, though proven to be quite effective, usually attracts those who are in need of it, those open and receptive to the same or the curious.

Pranic Healing a simple yet powerful & effective system of no-touch energy healing. It is based on the fundamental principles that the body is a self-repairing living entity that possesses the ability to heal itself and that the healing process across a range of physical ailments is accelerated by increasing this life force that is readily available from the sun, air and ground to address physical & emotional imbalance. Pranic Healing works by removing 'used up' or 'diseased' energy and replacing it with fresh vital energy called Prana.

I look forward to hearing from you and meeting yourselves. In the meanwhile more information can be found at my website and Facebook pages listed in the footer below. Thank you & I wish you a good day.

Warm Regards,

Tony Ratnam

*Clinical Hypnotherapist
NLP Practitioner
Energy Healer
Personal Trainer*

Monday, 4 August 2014

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